

Balance & BlissTM Inc.

Ayurveda • Yoga • Massage

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Balance & Bliss®, Inc. is happy to serve you by providing you with an educational Ayurvedic consultation to:

- Determine your original body/mind constitution or *Dosha*
- Identify and evaluate any *Doshic* imbalances that may be present
- Offer you Ayurvedic information and guidance to help you regain and/or maintain your personal balance
- Create an Ayurvedic lifestyle plan to help you enjoy greater health and happiness

The office of Balance & Bliss is located at **735 17th Street North in St. Petersburg**. The fee for your consultation is **\$150**. Additional costs will be incurred if you choose to purchase self-care and herbal products that may be recommended as part of your wellness routine. Resource information will be given for their purchase or made available for purchase by your Practitioner. Confidentiality of your personal information is guaranteed.

Please bring the following to your initial consultation:

- 1) This Agreement form, signed and dated
- 2) Completed Client Information form
- 3) Completed Client Personal History form
- 4) Ayurvedic Questionnaire, filled out with any questions uncertain, left blank
- 5) *If possible, a picture or pictures of you as a child and/or teenager, also of your parents*

I understand that this Ayurvedic consultation is for educational purposes and is intended to help me improve my own health and well-being. I understand that it does not offer medical diagnosis or medical treatment, and is not a substitute for medical care. I have disclosed any information on my Client Personal History form that may affect the Ayurvedic guidance that I will receive. I agree to waive, release, and to hold blameless the practitioner and sponsor of this service for any claim arising out of an injury or for any costs related to injury arising from participation in this service.

Client Signature

Date

Print Name

DENISE O'DUNN, RYT500
Certified Ayurvedic Practitioner and Yoga Instructor